

There is now exposition of the Blessed Sacrament at OLSE every first Friday after ten o'clock Mass (10:30 - 11:00) in honour of the Sacred Heart of Jesus.

Below are the 12 promises of the Sacred Heart to Sr. Margaret Mary.

- 1. I will give them all the graces for their state in life.
- 2. I will give them peace in their families.
- 3. I will console them in all their troubles.
- 4. I will be their refuge in life and especially in death.
- 5. I will abundantly bless all their undertakings.
- 6. Sinners shall find in my Heart the source and infinite ocean of mercy.
- 7. Tepid souls shall become fervent.
- 8. Fervent souls shall rise speedily to great perfection.
- 9. I will bless those places wherein the image of my Sacred Heart shall be exposed and venerated.
- 10. I will give to priests the power to touch the most hardened hearts.
- 11. Persons who propagate this devotion shall have their name eternally written in my Heart.
- 12. In the excess of the mercy of my Heart, I promise you that my all powerful love will grant to all those who will receive Communion on the first Fridays, for nine consecutive months, the grace of final repentance they will not die in my displeasure, not without receiving the sacraments and my Heart will be their secure refuge in that last hour.