

**Parish Contacts**

*Parish Priest*  
 Rev. Canon Peter Rollings,  
 The Catholic Rectory,  
 North Everard Street,  
 King's Lynn PE30 5HQ

*Hunstanton Parish*  
 Parish Office,  
 30, Sandringham Road.  
 Hunstanton PE36 5DR

Tel: 01553 772220  
 Email: parishpriest763@gmail.com

Email: hunstantonparish@rcdea.org.uk  
 Web: [www.hunstantoncatholicparish.org.uk](http://www.hunstantoncatholicparish.org.uk)

**Other local Sunday Masses**

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.  
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

The funeral Requiem Mass of **Pauline McSherry** will take place at Holy Family Church in King's Lynn on Thursday 13<sup>th</sup> March at 11am

**The Holy Father's Intentions for March**

**For families in crisis.**

Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts even in their differences.

**Please remember in your prayers all who are sick, especially:**

Michael Brooks, Cathy Cambridge, Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Michael E. Griffiths, Winifred Heathcote, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Ian Steel, Nicky Sugden and John Witting.

Prayers are asked for the recovery of **our Bishop, Peter Collins**, who is unwell at present.

**Please pray also for those who anniversaries occur this week:**

Jane Power, James Coen, Christopher Whiting, Gertrude Mallon, Alan Harman, John Ketterer+, Alistair McCall, Edith Wilkin, Mary White, Leonard Matthews (Deacon), Peter Harman, Christine Sandbach

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**LIST of the SICK**

**I give permission for my name to be included among the Prayers for the Sick**

Name: .....

Signature .....

***Our Lady of Perpetual Succour & St. Edmund, Hunstanton***  
***with***

***JUBILEE***  
***2025***

***St. Cecilia, Dersingham***

***PJLGRJMS OF***  
***HOPE***

**Mass Intentions 9<sup>th</sup> - 16<sup>th</sup> March 2025**

First Sunday of Lent [Ps Wk 1]	StC	9:00am	People of the Parish
	OLSE	11:00am	Nora Richardson RIP
Monday Lent Feria	OLSE	10:00am	Ints. Bishop Peter
Tuesday Lent Feria	OLSE	10:00am	Fr. John Ketterer RIP [F]
Wednesday Lent Feria	StC	10:15am	Rodney Whitting RIP
Thursday Lent Feria	OLSE	NO MASS	
Friday Lent Feria	OLSE	10:00am	Norman Mutton RIP [F] followed by Stations of the Cross
Saturday Lent Feria			
Second Sunday of Lent [Ps Wk 2]	StC	9:00am	Bernadette Mallon RIP
	OLSE	11:00am	People of the Parish

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**Sacrament of Reconciliation:**

StC - Sundays and Wednesdays after Mass.

OLSE- on Request

**Ext. Ministers**9<sup>th</sup> March16<sup>th</sup> March**Readers**9<sup>th</sup> March16<sup>th</sup> March**OLSE**

Paul Mulligan

Kathleen Woodhouse

Pat Nevin

Elizabeth Howe

**OLSE**

Carole Willan

Mark Fuchter

**St.C**

Andrew Wordsworth

Anna Grant

Fred Grimley

Maureen Vernon

**St.C**

Stuart Grant

Chris Davey

**Parish Bible Study:** Weekly on Tuesdays 4:00pm - 5pm in the Garnett Room at OLSE. This is an opportunity to prepare and reflect on the readings for the coming Sunday. Next meeting is **11<sup>th</sup> March.**

**Pancake Night** on 4th March 2025 at St. Cecilia's Church was great fun: good company and lots of pancakes slathered with cream, chocolate and maple syrup as well as the traditional lemon and sugar! Thanks to Chris and May, and to Maureen and her team of helpers.

**FAMILY FAST DAY 14<sup>th</sup> March.** A message from CAFOD:

**CAFOD Lent Appeal - Family Fast Day collection**

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You'll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, donate online at [cafod.org.uk/envelope](http://cafod.org.uk/envelope) or call us on 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10.

**Other Lenten matters:**

The CAFOD BIG LENTEN WALK can be undertaken in whatever way works for individuals and groups - more information is available on the noticeboards at both churches.

Church communities in Heacham will be **visiting local care homes** during Lent to lead short services on the mornings of 31<sup>st</sup> March and 7<sup>th</sup> April. These visits are similar to the very well received services held in Advent. It's hoped that we will have some parishioners join with this venture. More information will be available on the noticeboards in due course.

Lent marks the final stage for those preparing to be initiated into the Church at Easter. We are asked to **pray for the candidates for the sacraments.** This begins with the Rite of Election on the first Sunday of Lent. We are invited to join others across the diocese in praying: **“Father of love and power, it is your will to establish everything in Christ and to draw us into his all-embracing love. Guide the elect of your Church, strengthen them in their vocation, build them into the kingdom of your Son, and seal them with the Spirit of your promise.”**

**Lenten children's Liturgy** to be held at OLSE. The idea of this gathering is to help the children understand the message of Christ in the Gospel, to get to know each other and to build up friendship. Thanks go to Sr Mary and Nataliya Churikova for taking this initiative. All children are welcome.

**LIST of the SICK TO BE PRAYED FOR.**

Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the **form printed overleaf.** Please note that it must be the sick person who gives permission for this by their signature [Data protection laws].

***To remove your name from the list please contact the Parish Office.***

**Information and Events****JUBILEE 2025 - PILGRIMS OF HOPE - Jubilee themes: FORGIVENESS**

The second of the six Jubilee themes that we will look at, during this month of March, is **Forgiveness.** This theme is especially appropriate during this season of Lent. Implicit in the concept of jubilee is the idea of return or restoration. At the heart of forgiveness is the return or restoration not of land or possessions but of relationship. Jesus talked about forgiveness numerous times, highlighting its significance in his teachings.

While It's hard to pin down an exact number of times Jesus mentioned forgiveness, as his teachings permeate with the concept in various forms, direct references and parables collectively point to forgiveness over 30 times.

**World Day of Prayer** was held locally on Saturday 1<sup>st</sup> March, attended by over 100 people from many of the local churches in the area, including a number of our own parishioners, some of whom were part of the organising team. Thanks go to Pat Nevin and Pat Fuchter for representing our parish in the day's planning. Preparations are already underway for the next World Day of Prayer, which will be devised by the group in Nigeria.

**Churches Together Lenten Lunch events** Just a reminder that we will host the **Churches Together Lenten Lunch at OLSE at 11.30am on 13<sup>th</sup> March 2025.** The theme is Hope and will be followed by a simple lunch. These events are usually well attended by the other churches and are good fun, so you are encouraged to come along. If you would like lunch, please sign up on the form on the Ecumenical Notice Board before leaving the church building today!

**Rosary Group:** Weekly on Monday afternoons starting at 2.00pm in the Meeting Room at StC. Next gathering is on Monday 10<sup>th</sup> March.

**Spiritual Formation:** The next session, centred on the **JUBILEE YEAR: PILGRIMS OF HOPE** will be held at the Convent (27, Sandringham Road, PE36 5DP) on Friday 28<sup>th</sup> March, from 2.30-4.00pm (2pm refreshments). The Jubilee Companion Booklet mentioned last week will be used during the session. All welcome!

**Mothers' Prayers:** The next gathering will be on Mon, 17<sup>th</sup> March at 2:30pm in the Garnett Room at OLSE.