

Parish Contacts

Parish Priest

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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.

Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

SUNDAY OF THE WORD OF GOD This Third Sunday in Ordinary Time marks the seventh Sunday of the Word of God, which was instituted by Pope Francis in his Apostolic Letter *Aperuit illis* ("He opened to them"). The **Sunday of the Word of God** is a profoundly pastoral initiative to make it clear how important it is in the daily life of the Church and our communities to refer to the Word of God, a Word that is not confined to a book, but which remains ever alive and becomes a concrete and tangible sign.

The biblical expression chosen for the celebration of the seventh edition of the Sunday of the Word of God is taken from the Letter of Saint Paul to the Colossians: "**The word of Christ dwells among you**" (3:16). (see <https://www.evangelizatio.va/content/pcpne/en/attivita/parola/2026/sussidio.html>)

The Holy Father's Prayer Intentions for January

For prayer with the Word of God: Let us pray that praying with the Word of God be nourishment for our lives and a source of hope in our communities, helping us to build a more fraternal and missionary Church.

Please remember in your prayers all who are sick, especially:

Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

Please pray also for those who anniversaries occur this week:

Charles Thomas Cor, Josef Thoenes, Myrtle Godolphin, Anne Elsdon, Julie de Soissons, Mary Emmerson, Elizabeth Edwards, Bernard Payne, Mildred Henshaw, Michael Alger, Rose Summerly, Jean Parkin, Marguerite Cullen, Felisa Hugo, Mary Power, Gertrude Roscoe, Maud Sturman, Francis Owles, Edwin Eeles, Patricia Tipton.

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

Our Lady of Perpetual Succour & St. Edmund, Hunstanton with St. Cecilia, Dersingham

MASS INTENTIONS 25th January - 1st February 2026

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

3 rd Sunday of Ordinary Time [Ps Wk 3]	StC OLSE	9:00am 11:00am	Ints. Halpin Family <i>Sunday of the Word of God</i> People of the Parish
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Monday SS. Timothy & Titus <i>mem</i>	OLSE	10:00am	Joan Warburton RIP
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Tuesday <i>feria or St. Angela Merici</i>	OLSE	10:00am	Kath Fitton RIP
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Wednesday St. Thomas Aquinas <i>mem</i>	StC	10:15am	Ian Ratcliffe RIP
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Thursday <i>feria</i>	OLSE	10:00am	Hugh Doherty RIP
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Friday <i>feria</i>	OLSE	10:00am	Ints. Anne Brereton
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Saturday St. John Bosco <i>mem</i>			
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4 th Sunday in Ordinary Time [Ps Wk 4]	StC OLSE	9:00am 11:00am	Ints. Sheridan Family <i>Racial Justice Day</i> People of the Parish
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Sacrament of Reconciliation

StC - Sundays & Wednesdays after Mass.

OLSE - by Request and on the last Friday of the Month after Mass

<u>Ext. Ministers</u> 25 th January	<u>OLSE</u> Elizabeth Howe Kathleen Woodhouse	<u>St.C</u> Anna Grant Peg Hunter
1 st February	Pat Nevin Paul Mulligan	Andrew Wordsworth Anna Grant
<u>Readers</u> 25 th January	<u>OLSE</u> Tom Koning	<u>St.C</u> Lorna Hutchinson
1 st February	Angela Jewell	Patricia Barkess

Information and Events

Rosary Group: Monday afternoons from 2.00pm in the StC Meeting Room

Bible Study Tuesdays from 4pm to 5pm in the Garnet Room at OLSE.

Mothers' Prayers: Held every other week; the next gathering will be on **Monday 2nd February** 2:30pm in the Garnett Room at OLSE.

Fair Trade Stall: the next Fair Trade Stall will be held after Mass on Sunday **8th February**, giving folk a little more time to use up those treats from Christmas before re-stocking with the goodies from Caroline's stall. Please support small farmers across the world to sustain themselves with fair income for fair work.

The **Why Be Lonely Club** continues, on the **first Friday of each month**. While Nick's absence continues to be keenly felt, we are sure that his spirit of kindness and humour continues to permeate the gatherings. The afternoons, from **2pm to 4pm at St C's** are open to all and everyone is very welcome. You don't have to be lonely to join in - by coming along, you will be helping someone else to feel less lonely. The next gathering will be held on Friday 6th February.

Support Needed for Families in Kyiv: Several families from our Catholic community in Kyiv have reached out asking for help during this extremely difficult time. Ongoing blackouts mean that many people have electricity for only a few hours a day, and some are without power for more than 20 hours at a time. With temperatures dropping to -15°C, the situation is especially dangerous for children, the elderly, and the sick.

There is an urgent need for power stations and power banks, which can provide light, warmth, to cook food and the ability to stay connected during long outages. Donations will also help us purchase other life-necessary goods for families struggling to survive these harsh conditions amid the war.

Nataliya and Mykola are in the process of creating a Just Giving Page for direct donations. Once this is set up, we will be able to provide more information about it.

We deeply appreciate any donation and every act of solidarity. Your support brings hope and practical help to those suffering during this difficult winter.

Thank you 🙏

URGENT HEALTH NOTICE: The NHS are currently advising that anyone with a **high temperature or a persistent cough, even if mild, stay at home. To protect our more vulnerable members we are all asked to take this advice to heart.**

Don't forget to pick up a **Social Newsletter**, out today!

Spirituality: The first session of the year will be held at OLSE this coming Friday, **30th January from 2.30 - 4.00pm**, with the **feature film "Francis of Assisi"**.

This choice of theme is prompted by Pope Leo XIV's recent announcement of the **special Jubilee Year of Saint Francis**, marking the eighth centenary of the death of Saint Francis of Assisi. The Jubilee Year runs from 10th January 2026 to 10th January 2027. In announcing this, Pope Leo writes of St Francis: *"In this age, marked by so many seemingly interminable wars, by internal and social divisions that create mistrust and fear, he continues to speak. Not because he offers technical solutions, but because his life points to the authentic source of peace."*

We hope that showing this film will invite the viewer to pray with Pope Leo *"that Saint Francis of Assisi may continue to instil in all of us perfect joy and harmony"* Refreshments will be available from 2pm

ADVANCE NOTICE OF THE SEASON OF LENT: Lent begins on Wednesday 18th February, less than four weeks away already! Below some dates for your diary:

ASH WEDNESDAY: Wednesday 18th February Mass at 10am at OLSE

STATIONS OF THE CROSS

Friday 10.30am OLSE: 20th and 27th February; 13th, 20th, 27th March

EXPOSITION OF THE BLESSED SACRAMENT: Friday 6th March 10.30am OLSE

DEANERY STATION MASS: Tuesday 3rd March, Holy Family Church, Gaywood

6pm Exposition of the Blessed Sacrament and Confessions

7pm Pontifical Mass with Bishop Peter; 8pm Supper

PASSION SUNDAY: 29th March: Blessing of Palms, Procession and Mass

9am StC; 11am OLSE

HOLY WEEK:

Monday 30th March 10am OLSE

CHRISM MASS: Tuesday 31st March Chrism Mass at the Cathedral 11.30am

(No Mass in the parish)

Wednesday 1st April 10.15am StC

MAUNDY THURSDAY: 2nd April 4pm OLSE

GOOD FRIDAY: 3rd April 3pm OLSE

HOLY SATURDAY: Easter Vigil 4th April 8pm OLSE

EASTER SUNDAY: 5th April 9am StC 11am OLSE

PANCAKE EVENING: Keep the date: Shrove Tuesday, 17th February

More information next week!

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the form printed overleaf. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. **To remove your name from the list please contact the Parish Office.**