

Parish Priest
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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

RACIAL JUSTICE SUNDAY - today, 1st February, with the theme: "Whoever loves God must also love his brother" (1 John 4:21): Promoting Racial Justice in our Parishes. The Bishops of England and Wales have put together some questions for us to reflect on (the full set of questions can be found at: <https://www.cbcew.org.uk/resources-for-racial-justice-sunday-2026/>):

- How does the line "Whoever loves God must also love his brother" resonate with your experiences or aspirations for racial justice in our parish?
 - How has the understanding of racial justice changed in our parish over time? Have there been changes in how you think about it?
 - Which saint resonates with you the most, and why? How do you think our parish can benefit from showing many different saints around the world?
- (NB Some churches across Britain will mark Racial Justice Sunday on 8th Feb)

The Holy Father's Prayer Intentions for February

For children with incurable diseases: Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Please remember in your prayers all who are sick, especially:

Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

Please pray also for those who anniversaries occur this week:

Edward McEvoy, Gerald Reddy, James Turner, Hugh Dunn, Rose Tyrrell, Walter Bevan, Patrick Duggan, Margaret Haggerty, Daniel Brereton, Robert Law, Grace Parr, Kenneth Ryall, Elizabeth Hunter, Randolph Lancelot Hall, Jeanne Rolfe, Daisy Bloomfield, Thomas Ryan, Patricia Scott, Mary Wood, Peter Richardson.---

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

Our Lady of Perpetual Succour & St. Edmund, Hunstanton with St. Cecilia, Dersingham

MASS INTENTIONS 1st - 8th February 2026

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

4 th Sunday of Ordinary Time [Ps Wk 4]	StC OLSE	9:00am 11:00am	Ints. Sheridan Family People of the Parish
Monday Presentation of the Lord <i>feast</i>	OLSE	10:00am	Ints. Anne Brereton
Tuesday <i>feria or St. Blaise or St. Ansgar</i>	OLSE	10:00am	Hugh Doherty RIP
Wednesday <i>feria</i>	StC	10:15am	Harry Farrelly - missing
Thursday St. Agatha <i>mem</i>	OLSE	10:00am	Ints. Michael Ballentine
Friday St. Paul Miki & Comps. <i>mem</i>	OLSE	10:00am	Ints. Koning Family <i>followed by Exposition & Benediction</i>
Saturday <i>feria</i>			
5 th Sunday in Ordinary Time [Ps Wk 1]	StC OLSE	9:00am 11:00am	People of the Parish Ints. Michael & Hilary Rhodes

Sacrament of Reconciliation

StC - Sundays & Wednesdays after Mass.

OLSE - by Request and on the last Friday of the Month after Mass

<u>Ext. Ministers</u> 1 st February	<u>OLSE</u> Pat Nevin Paul Mulligan	<u>St.C</u> Andrew Wordsworth Anna Grant
8 th February	Tom Koning Kathleen Woodhouse	Anna Grant Peg Hunter
<u>Readers</u> 1 st February 8 th February	<u>OLSE</u> Angela Jewell Carole Willan	<u>St.C</u> Patricia Barkess Pat Nevin

Information and Events

Rosary Group: Monday afternoons from 2.00pm in the StC Meeting Room

Bible Study Tuesdays from 4pm to 5pm in the Garnet Room at OLSE.

Mothers' Prayers: Held every other week; the next gathering will be on

Monday 2nd February 2:30pm in the Garnett Room at OLSE.

Fair Trade Stall: the next Fair Trade Stall will be held after Mass on Sunday **8th February**, giving folk a little more time to use up those treats from Christmas before re-stocking with goodies from Caroline's stall. Please support small farmers across the world to sustain themselves with fair income for fair work.

The **Why Be Lonely Club** continues, on the **first Friday of each month**. While Nick's absence continues to be keenly felt, we are sure that his spirit of kindness and humour continues to permeate the gatherings. The afternoons, from **2pm to 4pm at St C's** are open to all and everyone is very welcome. You don't have to be lonely to join in - by coming along, you will be helping someone else to feel less lonely.

The next gathering will be held this coming Friday 6th February.

Support Needed for Families in Kyiv: Pope Leo has added his voice once again to the calls for prayer and support for those suffering in Ukraine. On Sunday last, speaking after the recitation of the Angelus prayer in St Peter's Square, the Pope noted that *"even in these days, Ukraine continues to be struck by relentless attacks, leaving entire populations exposed to the cold of winter. I follow what is happening with sorrow, I am close to those who suffer, and I pray for them,"* he said, and he noted that the prolonged conflict causes *"ever more serious consequences for civilians, widens the rift between peoples and pushes a just and lasting peace further away. I urge everyone to intensify their efforts to end the war,"* he appealed (source: Vatican News).

As promised, the link for the gofundme page now created by Nataliya and Mykola is: <https://gofund.me/7f8c80097> in support of those suffering the cold and danger of life in Ukraine in the midst of war. Nataliya says: *We deeply appreciate any donation and every act of solidarity. Your support brings hope and practical help to those suffering during this difficult winter. Thank you 🙏*

URGENT HEALTH NOTICE: The NHS are currently advising that anyone with a high temperature or a persistent cough, even if mild, stay at home. To protect our more vulnerable members we are all asked to take this advice to heart.

PALM AMNESTY: Any blessed palms you have finished with can be placed in the marked container in the church from **now until Ash Wednesday**, for their proper disposal. More information about Palm Amnesty will be available next week.

LENTEN LUNCHESES: 'Pause and Make Room for God' Lent Lunches: Hunstanton and Area Churches Together are running another series of Lent Services followed by a Simple Lunch on Fridays during Lent. The first service on 27th February is being hosted at Hunstanton Methodist Church, 5 Austin St, Hunstanton PE36 6AJ. The service begins at 12 and lunch at 12.45. All are welcome. Those planning to attend for a lunch afterwards should phone 07729 952297, or inform Andrew at andrew.wordsworth@hotmail.co.uk or 07951232407. (See the

Ecumenical Notice Board for the full programme of services and Lent lunches)

ADVANCE NOTICE OF THE SEASON OF LENT: Lent begins on Wednesday 18th February, less than four weeks away already! Below some dates for your diary:

ASH WEDNESDAY: Wednesday 18th February Mass at 10am at OLSE

STATIONS OF THE CROSS

Friday 10.30am OLSE: 20th and 27th February; 13th, 20th, 27th March

EXPOSITION OF THE BLESSED SACRAMENT: Friday 6th March 10.30am OLSE

DEANERY STATION MASS: Tuesday 3rd March, Holy Family Church, Gaywood

6pm Exposition of the Blessed Sacrament and Confessions

7pm Pontifical Mass with Bishop Peter; 8pm Supper

PASSION SUNDAY: 29th March: Blessing of Palms, Procession and Mass

9am StC; 11am OLSE

HOLY WEEK:

Monday 30th March 10am OLSE

CHRISM MASS: Tuesday 31st March Chrism Mass at the Cathedral 11.30am

(No Mass in the parish)

Wednesday 1st April 10.15am StC

MAUNDY THURSDAY: 2nd April 4pm OLSE

GOOD FRIDAY: 3rd April 3pm OLSE

HOLY SATURDAY: Easter Vigil 4th April 8pm OLSE

EASTER SUNDAY: 5th April 9am StC 11am OLSE

PANCAKE EVENING: Keep the date: Our traditional Pancake evening will be held on **Shrove Tuesday, 17th February**, from 4pm til around 6pm. If you can't make it as early as the 4pm start, don't worry, there will be pancakes a-plenty throughout, so drop in when it suits. The earlier start time is to enable the many folk to attend who find it worrying to be out and about after it gets dark. We hope this timing will enable as many parishioners as possible to take part. For more information contact Lorna Hutchinson (condorlmh@gmail.com)

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the form printed overleaf. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. **To remove your name from the list please contact the Parish Office.**