

Parish Contacts

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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

DAY OF PRAYER FOR VICTIMS OF TRAFFICKING - Each year, on this day - 8th February - the feast of Saint Josephine Bakhita, the International Day of Prayer and Awareness Against Human Trafficking (IDPAAHT) invites people of faith and goodwill from around the world to join a global movement of prayer, reflection, and action against the injustice of human trafficking. The theme for the 12th edition in 2026, "*Peace Begins with Dignity: A Global Call to End Human Trafficking*," draws inspiration from Pope Leo XIV's powerful reminder that true peace is gentle and humble, born of love, and sustained where human dignity is upheld. The exploitation and objectification of people through trafficking fundamentally destroy the foundations of peace and justice, making its eradication essential to building a just world. **LET US PRAY.**

The Holy Father's Prayer Intentions for February

For children with incurable diseases: Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

Please remember in your prayers all who are sick, especially:
 Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

Please pray also for those who anniversaries occur this week:
 Monica Everitt, Rosemary Thacker, Alice Insley, Pauline Johnson, Joyce Perry, George McConnell, Louis Botten, John Summerly, Maureen Cook, Doris Crowfoot, Eileen Cook, Harriet Goode, Joyce Allen, John Munns, Terence Fanthorpe, Juan J Garcia

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

Our Lady of Perpetual Succour & St. Edmund, Hunstanton with St. Cecilia, Dersingham

MASS INTENTIONS 8th - 15th February 2026

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

5 th Sunday of Ordinary Time [Ps Wk 1]	StC	9:00am	People of the Parish <i>Day of Prayer for Victims of Trafficking</i> <i>Diocesan Day of Prayer for Engaged Couples</i>
	OLSE	11:00am	Ints. Michael & Hilary Rhodes
Monday <i>feria</i>	OLSE	10:00am	Daniel Brereton RIP
Tuesday St. Scholastica <i>mem</i>	OLSE	10:00am	Peter Richardson RIP
Wednesday <i>feria or Our Lady of Lourdes</i>	StC	10:15am	Ints. Mary & Fred Grimley - <i>Diamond Wedding Anniv.</i> <i>World Day of Prayer for the Sick</i>
Thursday <i>feria</i>	OLSE	10:00am	Joyce Allen RIP [F]
Friday <i>feria</i>	OLSE	10:00am	Monica Mullarkey RIP [F]
Saturday SS. Cyril & Methodius <i>feast</i>			
6 th Sunday in Ordinary Time [Ps Wk 2]	StC	9:00am	Alice Insley RIP [F]
	OLSE	11:00am	People of the Parish

Sacrament of Reconciliation

StC - Sundays & Wednesdays after Mass.

OLSE - by Request and on the last Friday of the Month after Mass

<u>Ext. Ministers</u>	<u>OLSE</u>	<u>St.C</u>
8 th February	Tom Koning Kathleen Woodhouse	Anna Grant Peg Hunter
15 th February	Pat Nevin Tom Koning	Andrew Wordsworth Peg Hunter
<u>Readers</u>	<u>OLSE</u>	<u>St.C</u>
8 th February	Carole Willan	Pat Nevin
15 th February	Paul Mulligan	Stuart Grant

Information and Events

34th World Day of Prayer for the Sick, Wednesday this week, February 11, 2026. Pope Leo XIV has chosen the theme: *“The compassion of the Samaritan: loving by bearing another’s pain”*. You can find the Pope’s message at <https://www.vatican.va/content/leo-xiv/en/messages/sick/documents/20260113-messaggio-giornata-malato.html> **LET US PRAY**

Rosary Group: Monday afternoons from 2.00pm in the StC Meeting Room

Bible Study Tuesdays from 4pm to 5pm in the Garnet Room at OLSE.

Mothers’ Prayers: Held every other week; the next gathering will be on **Monday 16th February** 2:30pm in the Garnett Room at OLSE.

Fair Trade Stall: the next Fair Trade Stall will be held after Mass this Sunday **8th February**. Please support small farmers across the world to sustain themselves with fair income for fair work.

Support Needed for Families in Kyiv: Recently, speaking after the recitation of the Angelus prayer in St Peter’s Square, Pope Leo noted that *“even in these days, Ukraine continues to be struck by relentless attacks, leaving entire populations exposed to the cold of winter. I am close to those who suffer, and I pray for them,”* he said, and he noted that the prolonged conflict causes *“ever more serious consequences for civilians, ... and pushes a just and lasting peace further away. I urge everyone to intensify their efforts to end the war,”* he appealed (source: Vatican News).

As promised, the link for the gofundme page now created by Nataliya and Mykola is: <https://gofund.me/7f8c80097> in support of those suffering the cold and danger of life in Ukraine in the midst of war. Nataliya says: *We deeply appreciate any donation and every act of solidarity. Your support brings hope and practical help to those suffering during this difficult winter. Thank you 🙏*

URGENT HEALTH NOTICE: The NHS are currently advising that anyone with a high temperature or a persistent cough, even if mild, stay at home. To protect our more vulnerable members we are all asked to take this advice to heart.

MONTHLY DRAW: January’s happy winner is Tricia Steel! Congratulations, Tricia. And a message from Nuala, who makes the whole thing work: If you wish to remain in the Parish Monthly Draw, your subscription of £12 is due in the next couple of weeks. You need to be in it to win it! Please See Nuala Tugwell at OLSE or via Chris Davey at StC.

A message of thanks from Anne Brereton: “Thank you for all the Holy Masses, prayers and good wishes, cards and presents. First Birthday Party Ever!”

LENT AND EASTER: Lent begins on Wednesday 18th February. For more information, see the calendar of services now on display on the noticeboard, and in recent newsletters.

PALM “AMNESTY”: This is an (often humorous) initiative designed to encourage parishioners to return blessed palm branches from previous years (often Palm Sunday of the previous year) to be disposed of properly. Many of us may not realise that the ash used on Ash Wednesday is made by burning the palm crosses from the previous year. This ash is a powerful symbol of our mortality and marks the beginning of Lent, when we are invited to strip away our self-deceptions about who we are and all that separates us from an intimate relationship with God. Please return your palm crosses and place them in the container provided in church. It takes a great deal of palm to make a very small amount of ash, so do be thorough - even returning crosses of some antiquity. They all count! A Palm Cross Amnesty is hereby proclaimed, ’til Ash Wednesday, 18th February.

LENTEN ALMSGIVING: One of the three pillars of Lenten practice, alongside fasting and prayer, is Almsgiving. This year, our parish SVP conference is organising a “Food Bank Drive” as a parish wide communal almsgiving programme. More information will be available in the churches and in this newsletter, in readiness for when Lent starts (in less than a fortnight!), and throughout the Lenten season.

LENTEN LUNCHESES: 'Pause and Make Room for God' Lent Lunches: Hunstanton and Area Churches Together are running another series of Lent Services followed by a Simple Lunch on Fridays during Lent. The first service on 27th February is being hosted at Hunstanton Methodist Church, 5 Austin St, Hunstanton PE36 6AJ. The service begins at 12 and lunch at 12.45. All are welcome. Those planning to attend for a lunch afterwards should phone 07729 952297, or inform Andrew at andrew.wordsworth@hotmail.co.uk or 07951232407. (See the Ecumenical Notice Board for the full programme of services and Lent lunches)

PANCAKE EVENING: Keep the date: Our traditional Pancake evening will be held on **Shrove Tuesday, 17th February**, from 4pm til around 6pm. If you can’t make it as early as the 4pm start, don’t worry, there will be pancakes a-plenty throughout, so drop in when it suits. The earlier start time is to enable the many folk to attend who find it worrying to be out and about after it gets dark. We hope this timing will enable as many parishioners as possible to take part. For more information contact Lorna Hutchinson (condorlmh@gmail.com)

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the form printed overleaf. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. **To remove your name from the list please contact the Parish Office.**