

**Parish Contacts**

*Parish Priest*  
 Rev. Canon Peter Rollings,  
 The Catholic Rectory,  
 North Everard Street,  
 King's Lynn PE30 5HQ  
 Tel: 01553 772220  
 Email: parishpriest763@gmail.com

*Hunstanton Parish*  
 Parish Office,  
 30, Sandringham Road,  
 Hunstanton PE36 5DR  
 Email: hunstantonparish@rcdea.org.uk  
 Web: [www.hunstantoncatholicparish.org.uk](http://www.hunstantoncatholicparish.org.uk)

**Other local Sunday Masses**

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.  
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

**DAY FOR THE UNEMPLOYED** - The Sunday before the 1<sup>st</sup> Sunday of Lent is given as a Day for the Unemployed across the Church in England and Wales. In giving our attention to what St Pope John Paul II called "*the scourge of unemployment*", the *Compendium of the Social Doctrine of the Church* reminds us that: "...those who are unemployed or underemployed suffer the profound negative consequences that such a situation creates in a personality and they run the risk of being marginalized within society, of becoming victims of social exclusion. In general, this is the drama that strikes not only young people, but also women, less specialized workers, the persons with disabilities, immigrants, ex-convicts, the illiterate, all those who face greater difficulties in the attempt to find their place in the world of employment." (287) **LET US PRAY**

**The Holy Father's Prayer Intentions for February**

**For children with incurable diseases:** Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**Please remember in your prayers all who are sick, especially:**  
 Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley,  
 Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin,  
 Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

**Please pray also for those who anniversaries occur this week:**  
 Catherine Burns, Norah Cruden, James Stevens, Michael Cody, Sr Irmagardis Englisch, Josef Viertel, Mary Josephine Griffith, Libara Murphy,  
 Thomas Cullinan, Albert Sorrell, Simone Lavarini, Helen Ingleby, John Thomas

**LIST of the SICK**

**I give permission for my name to be included among the Prayers for the Sick**

Name: ..... Signature .....

***Our Lady of Perpetual Succour & St. Edmund, Hunstanton  
 with  
 St. Cecilia, Dersingham***

**MASS INTENTIONS 15<sup>th</sup> - 22<sup>nd</sup> February 2026**

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

6<sup>th</sup> Sunday of Ordinary Time StC 9:00am Alice Insley RIP [F]  
*Day for the Unemployed*  
 [Ps Wk 2/4] OLSE 11:00am People of the Parish

Monday OLSE 10:00am John Munns RIP [F]  
*feria*

Shrove Tuesday OLSE 10:00am Ints. Siji Thomas  
*feria or The Seven Founders of the Servite Order*

**LENT BEGINS**

Ash Wednesday OLSE 10:00am People of the Parish  
*Fasting & Abstinence*

Thursday OLSE 10:00am Richard Matcham RIP  
*Lent Feria*

Friday OLSE 10:00am In Thanksgiving  
*Lent Feria*

Saturday  
*Lent Feria*

First Sunday in Lent StC 9:00am Helen Ingleby RIP [F]  
 [Ps Wk 1] OLSE 11:00am People of the Parish

**Sacrament of Reconciliation**

StC - Sundays & Wednesdays after Mass.

OLSE - by Request and on the last Friday of the Month after Mass

<b><u>Ext. Ministers</u></b>	<b><u>OLSE</u></b>	<b><u>St.C</u></b>
15 <sup>th</sup> February	Pat Nevin	Andrew Wordsworth
	Tom Koning	Peg Hunter
22 <sup>nd</sup> February	Elizabeth Howe	Anna Grant
	Kathleen Woodhouse	Peg Hunter

<b><u>Readers</u></b>	<b><u>OLSE</u></b>	<b><u>St.C</u></b>
15 <sup>th</sup> February	Carole Willan	Pat Nevin
22 <sup>nd</sup> February	Belinda Kenny	Chris Davey

## Information and Events

**Rosary Group:** Monday afternoons from 2.00pm in the StC Meeting Room

**Bible Study** Tuesdays from 4pm to 5pm in the Garnet Room at OLSE.

**Mothers' Prayers:** Held every other week; the next gathering will be on **Monday 16<sup>th</sup> February** 2:30pm in the Garnett Room at OLSE.

**Support Needed for Families in Kyiv:** Recently, speaking after the recitation of the Angelus prayer in St Peter's Square, Pope Leo noted that *"even in these days, Ukraine continues to be struck by relentless attacks, leaving entire populations exposed to the cold of winter. I am close to those who suffer, and I pray for them...I urge everyone to intensify their efforts to end the war,"* he appealed (source: Vatican News).

The link for the gofundme page created by Nataliya and Mykola is: <https://gofund.me/7f8c80097> in support of those suffering the cold and danger of life in Ukraine in the midst of war. Nataliya says: *We deeply appreciate any donation and every act of solidarity. Your support brings hope and practical help to those suffering during this difficult winter. Thank you 🙏*

**URGENT HEALTH NOTICE:** The NHS are currently advising that anyone with a high temperature or a persistent cough, even if mild, stay at home. To protect our more vulnerable members we are all asked to take this advice to heart.

**MONTHLY DRAW - subs due!** A message from Nuala, who makes the monthly draw work: If you wish to remain in the Parish Monthly Draw, your subscription of £12 is due before the end of the month. You need to be in it to win it! New subscribers welcome. Please See Nuala Tugwell at OLSE or Chris Davey at StC.

**GROWING IN FAITH TOGETHER: A Parish-Wide Programme on the Eucharist for Lent and Eastertide 2026** Starting on 20<sup>th</sup> February at 2pm for refreshments - 2.30 start, with CaFE (Catholic Faith Exploration) DVD & finishing by 4pm, a programme of seven sessions will be held on Fridays, a couple of times a month, until Pentecost. The programme is based on the profound and very readable **THIS IS MY BODY** by Benedictine priest, Ian Petit (available very cheaply from Ebay, Amazon, and many used-book websites). For those with Internet access, links to each session will be emailed. More information is available from Paul Mulligan (paul.mulligan4@hotmail.com)

**LENT AND EASTER:** Lent begins this Wednesday 18<sup>th</sup> February - **ASH WEDNESDAY**, a day of **FASTING and ABSTINENCE**. For more information, see the calendar of services now on display on the noticeboard, and in recent newsletters.

**PALM "AMNESTY":** This (often humorous) initiative is designed to encourage parishioners to return blessed palm branches from previous years to be disposed of properly. Please return your palm crosses and place them in the container provided. It takes a lot of palm to make a very small amount of ash, so many are needed. A Palm Cross Amnesty is hereby proclaimed! ('til Ash Wednesday).

**LENTEN ALMSGIVING - THE FOOD BANK:** One of the three pillars of Lenten practice, alongside fasting and prayer, is Almsgiving. This year, our parish SVP conference is organising a **"Food Bank Drive"** as a parish wide communal almsgiving programme. **Please take a leaflet** explaining how the Food Bank Drive will work, and giving more information about the Food Bank, including a bit of **its history** and how it works, information about **deprivation in the area**, and how it all fits into our **Catholic Social Teaching**.

**LENTEN LUNCHESES:** 'Pause and Make Room for God' Lent Lunches: Hunstanton and Area Churches Together are running another series of Lent Services followed by a Simple Lunch on Fridays during Lent. The first, on 27<sup>th</sup> February is hosted at Hunstanton Methodist Church, 5 Austin St, PE36 6AJ. The service begins at 12 and lunch at 12.45. All are welcome. Those planning to join lunch afterwards should call 07729 952297, or inform Andrew at [andrew.wordsworth@hotmail.co.uk](mailto:andrew.wordsworth@hotmail.co.uk) or 07951232407. (More information on the Ecumenical Notice Board)

**PANCAKE EVENING:** **Tuesday, 17<sup>th</sup> February**, from 4pm til around 6pm. If you can't make it as early as the 4pm start, don't worry, there will be pancakes aplenty throughout, so drop in when it suits. The earlier start time is to enable the many folk to attend who find it worrying to be out and about after it gets dark. We hope this timing will enable as many parishioners as possible to take part. Tickets on the door for £3.00. It's a lovely community evening, not to be missed! For more information contact Lorna Hutchinson (condorlmh@gmail.com)

**TAPPING HOUSE offers free WORKSHOPS:** **Compassionate Friends** is for anyone who may know someone who is living with serious ill health, facing a death or is bereaved. (next date - 27<sup>th</sup> Feb); and **Planning my Future Care** is for anyone who would like to be more prepared for the future in a very practical sense. (next date - 20<sup>th</sup> March 10am). A third workshop, **Preparing the Final Chapter** is aimed at anyone who would like to feel more prepared to support someone close as they approach the end of life (or for the person themselves). (next date - 6<sup>th</sup> May 1pm). See posters on church noticeboards.

**LIST of the SICK TO BE PRAYED FOR:** Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the **form printed overleaf**. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. ***To remove your name from the list please contact the Parish Office.***