

Parish Contacts

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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

This Sunday is **Laetare Sunday** in the Western Christian liturgical calendar, being the fourth Sunday in Lent. Traditionally, this Sunday has been a day of celebration within the austere period of Lent. This Sunday gets its name from the first few words of the traditional Latin entrance antiphon for the Mass of the day. "*Lætare Jerusalem*" ("Rejoice, O Jerusalem") is Latin from Isaiah 66:10. The term "Laetare Sunday" is used by most Roman Catholic, Lutheran, and Anglican churches. The Latin *laetare* is an imperative: "rejoice!" The Sunday is considered a day of relaxation from normal Lenten rigours; a day of hope with Easter at last within sight. Traditionally, weddings (otherwise banned during Lent) could be performed on this day, and servants were released from service for the day to visit their mother church, the place in which they received the sacrament of baptism (hence 'Mothering Sunday').

The Holy Father's Prayer Intentions for March

For disarmament and peace Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Please remember in your prayers all who are sick, especially:

Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

Please pray also for those who anniversaries occur this week:

Christine Sandbach, Alfred Thiel, Anastasia Lathey, Harold Taylor, Leonard Preston, Norma Hawkes, John Simas, Ina Iredell, Florence Lockhart, M. Irma Berko, Maria Lyman, Stephen Cassidy, Paul Mullarkey, Doris O'Hagan, Patricia Whiting.

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

***Our Lady of Perpetual Succour & St. Edmund, Hunstanton
 with
 St. Cecilia, Dersingham***

MASS INTENTIONS 15th - 22nd March 2026

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

Fourth Sunday of Lent [Ps Wk 4]	StC OLSE	9:00am 11:00am	People of the Parish Richard Matcham RIP
Monday <i>Lent Feria</i>	OLSE	10:00am	Norman Mutton RIP [F]
Tuesday St. Patrick <i>Feast</i>	OLSE	10:00am	Rev. Leonard Matthews RIP
Wednesday <i>Lent Feria</i>	StC	10:15am	Ints. SVP Conference
Thursday St. Joseph Solemnity	OLSE	10:00am	Ints. Mary Duggan
Friday <i>Lent Feria</i>	OLSE	10:00am	Paul Mullarkey RIP [F]
Saturday <i>Lent Feria</i>			
Fifth Sunday of Lent [Ps Wk 1]	StC OLSE	9:00am 11:00am	Geraldine Fitzpatrick RIP People of the Parish

Sacrament of Reconciliation

StC - Sundays & Wednesdays after Mass.

OLSE - by Request and on the last Friday of the Month after Mass

<u>Ext. Ministers</u> 15 th March	<u>OLSE</u> Pat Nevin Elizabeth Howe	<u>St.C</u> Peg Hunter Andrew Wordsworth
22 nd March	Tom Koning Kathleen Woodhouse	Peg Hunter Paul Barkess
<u>Readers</u> 15 th March 22 nd March	<u>OLSE</u> Tom Koning Angela Jewell	<u>St.C</u> Chris Davey Stuart Grant

Information and Events

Rosary Group: Monday afternoons from 2.00pm in the StC Meeting Room

Bible Study Tuesdays from 4pm to 5pm in the Garnet Room at OLSE.

Mothers' Prayers: Held every other week; the next gathering will be on **Monday 16th March** 2:30pm in the Garnett Room at OLSE.

Marian chasuble: As reported last week, this chasuble is in need of restoration, and if funds are made available, the Broderers' Guild of Norwich Cathedral will undertake the work. A leaflet is available at both churches giving more information or speak to Tom or Elizabeth Koning for more details.

LENTEN LUNCHES: 'Pause and Make Room for God' Lent Lunches

Hunstanton and Area Churches Together are running another series of Lent Services followed by a Simple Lunch on Fridays during Lent.

The next service on 20th March is being hosted at Union Church, Hunstanton. The service begins at 12 and lunch at 12.45. All are welcome. Those planning to attend for a lunch afterwards should phone 07729 952297, or inform Andrew at andrew.wordsworth@hotmail.co.uk or 07951232407.

Support Needed for Families in Kyiv: The gofundme page created by Nataliya and Mykola is at: <https://gofund.me/7f8c80097> (now displayed in the church) AND: **Easter cards** - those wonderful designs by Roman - are **on sale this Sunday** after each Mass; all proceeds to go to Ukraine. *Thank you*

GROWING IN FAITH TOGETHER: A Parish-Wide Programme on the Eucharist for Lent and Eastertide 2026 If you missed the second session of this programme on Friday last, you can still take part by watching it on the internet; the web address is: <https://www.charisuk.com/cafe-ondemand/sacraments/this-is-my-body>. For more information or help in accessing the course online contact Paul Mulligan (paul.mulligan4@hotmail.com). Each session stands alone, so you don't need to have attended or watched the first one (though it's well worth it). The next session, on Friday 27th March (see the poster for all dates), starts at 2.30pm (refreshments from 2pm), finishing by 4pm. **Do join us!**

Today, 15th March, there will be a short presentation by Chris Davey, our parish treasurer, at the end of Mass on the **parish finances.**

And

Next Sunday, 22nd March there will be a Second Collection for the Easter flowers at both churches.

Pre-Easter Services in Heacham Care Homes: Join us to witness and to sing! Wed. 18th March Rebecca Court:10:30 ; Summerville House:11:15 and Wed. 25th March Millbridge:10:30; Fridhem Rest Home:11:15

CALLING OUR YOUNG PARISH PEOPLE - TWO EVENTS FOR YOU!

***Inviting Young people Year 7 to Young Adults for a special Kings Lynn Deanery Youth Evening - 21st March** To be held at Walsingham Parish Hall, the evening will include an inspiring talk, music, prayer, and delicious food! For more information and to download a parental consent form, see www.rcdea.org.uk/youth

***Inviting ALL young people in Year 8 upwards to the Ignite Festival 2nd - 3rd May 2026**

Come and experience your faith in a dynamic way at the Ignite Festival! The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 4th. See www.ignitefestival.co.uk for more information. Book before March 30th for Early Bird Prices!

CHRISM MASS will take place on Tuesday of Holy Week, 31st March, in Norwich Cathedral. A coach will be provided, calling at StC (times to be confirmed). Please sign up on the list on the noticeboard of each church to reserve a seat.

LENTEN ALMSGIVING - THE FOOD BANK: Our Lenten Almsgiving Food Bank Drive continues well with a tally of close to **100 donations** in the first three weeks. Mark (Fuchter) did a stocktake last week, and the most needed at present is **TINNED VEGETABLES**. Other items that tend to be permanently on the red list include: **Tinned cold meats (ham, luncheon meat etc); Breakfast cereals; Pasta sauce; Toilet rolls; Jams.** A couple of people have mentioned that for them buying the additional items can make their shopping rather heavy to carry, and would prefer to make a cash offering (or indeed make out a cheque - payable to "Hunstanton and District Food Bank"). Financial donations are increasingly important; they enable bulk buying and targeted purchases. And the Food Bank says: ***"THANK YOU VERY MUCH FOR YOUR GENEROSITY!"***

THE SANCTITY OF LIFE: You may have been following the news on the various Bills being debated in Parliament on the legalising of euthanasia at both ends of life. Things are moving forward, and while there are positive signs that the assisted suicide Bill in the English Parliament is most likely to run out of time, and the decriminalisation of abortion up to birth is being scrutinised in the Lords, we still need to pray earnestly for wisdom to prevail. More information can be found on the Right to Life website: <https://righttolife.org.uk/> ***Let us pray.***

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the **form printed overleaf**. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. ***To remove your name from the list please contact the Parish Office.***