

Parish Contacts

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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

This Wednesday is the **Solemnity of the Annunciation of the Lord**. There's evidence of this Feast celebrated on 25 March in the 6th century in the East, and the 7th century in Rome. It's a Christmas feast even though it's not celebrated during the Christmas Season. Nine months before we celebrate the Lord's birth, we celebrate His incarnation in the womb of the Blessed Virgin Mary. It is interesting to notice that God does not send the angel to the Temple in Jerusalem, but to Galilee, a despised region, considered a haven for unbelieving pagans. Nazareth is a city that is never mentioned in the Old Testament. Especially relevant for us in our troubled and troubling world today is that one of Mary's characteristics is that she accepted God's time and pace—His time requires our time, it requires that we live more profoundly. God asks for our "yes", but He also asks that we go at His "pace" and "time" which is not simply the ticking of the clock. God's time is the right time, the fullness of time, the opportune moment, the moment of grace. *(from Vatican News website)* **Let us pray**

The Holy Father's Prayer Intentions for March

For disarmament and peace Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

Please remember in your prayers all who are sick, especially:

Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

Please pray also for those who anniversaries occur this week:

Barbara Hayes, Daphne Mimms, Frederick Scallan, Margaret Joyce Burbolt, Patrick Michael Dunne, Hilda Margaret Hanlon, Catherine Large, Amanda Collins, Joseph Haggarty, Anna Burtenshaw, George Dimmock, Joanna Crowley, Roger Musto, Rosemary Ennis, Michael Eric Banner.

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

***Our Lady of Perpetual Succour & St. Edmund, Hunstanton
 with
 St. Cecilia, Dersingham***

MASS INTENTIONS 22nd - 29th March 2026

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

| | | | |
|--|------|---------|--|
| Fifth Sunday of Lent [Ps Wk 1] | StC | 9:00am | Geraldine Fitzpatrick RIP |
| | OLSE | 11:00am | People of the Parish |
| Monday <i>Lent Feria</i> | OLSE | 10:00am | Ints. Carole Willan |
| Tuesday <i>Lent Feria</i> | OLSE | 10:00am | |
| Wednesday The Annunciation of the Lord Solemnity | StC | 10:15am | Ints Harry Farrelly (missing) |
| Thursday <i>Lent Feria</i> | OLSE | 10:00am | |
| Friday <i>Lent Feria</i> | OLSE | 10:00am | <i>followed by Stations of the Cross</i> |
| Saturday <i>Lent Feria</i> | | | |
| Palm Sunday The Passion of the Lord [Ps Wk 2] | StC | 9:00am | People of the Parish |
| | OLSE | 11:00am | Shaun Richardson RIP |

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 The time approaches to turn our minds to fulfilling our Easter Duties. These are a Precept of the Church that draws the Catholic faithful directly into the heart of the Paschal Mystery, by receiving the Eucharist during the Easter season (any time from now until Trinity Sunday in the UK), and to prepare for this by going to Confession (the Sacrament of Reconciliation) if conscious of grave sin. The Sacrament of Reconciliation is available in most Catholic churches.

Sacrament of Reconciliation in the parish

StC - Sundays & Wednesdays after Mass

OLSE - by Request and on the last Friday of the Month after Mass

Ext. Ministers

22nd March

29th March

Readers

22nd March

29th March

OLSE

Tom Koning
Kathleen Woodhouse
Elizabeth Howe
Paul Mulligan

OLSE

Angela Jewell
Carole Willan

St.C

Peg Hunter
Paul Barkess
Anna Grant
Andrew Wordsworth

St.C

Stuart Grant
Lorna Hutchinson

Information and Events

Rosary Group: Monday afternoons from 2.00pm in the StC Meeting Room

Bible Study Tuesdays from 4pm to 5pm in the Garnett Room at OLSE.

Mothers' Prayers: Held every other week; the next gathering will be on **Monday 30th March** 2:30pm in the Garnett Room at OLSE.

Marian chasuble: As reported over recent weeks, this chasuble is in need of restoration, and if funds are made available, the Broderers' Guild of Norwich Cathedral will undertake the work. A leaflet is available at both churches giving more information or speak to Tom or Elizabeth Koning for more details.

LENTEN LUNCHES 'Pause and Make Room for God' Lent Lunches Hunstanton and Area Churches Together are running another series of Lent Services followed by a Simple Lunch on Fridays during Lent. The final service on 27th March is being hosted at The Way Christian Fellowship, Downs Close, Hunstanton PE36 5HU. The service begins at 12 and lunch at 12.45. All are welcome. Those planning to attend for a lunch afterwards should phone 07729 952297, or inform Andrew at andrew.wordsworth@hotmail.co.uk or 07951232407.

Support Needed for Families in Kyiv: The gofundme page created by Nataliya and Mykola is at: <https://gofund.me/7f8c80097> (now displayed in the church)

GROWING IN FAITH TOGETHER: A Parish-Wide Programme on the Eucharist for Lent and Eastertide 2026 If you missed the second session of this programme on Friday last, you can still take part by watching it on the internet; the web address is: <https://www.charisuk.com/cafe-ondemand/sacraments/this-is-my-body>. For more information or help in accessing the course online contact Paul Mulligan (paul.mulligan4@hotmail.com). Each session stands alone, so you don't need to have attended or watched the first one (though it's well worth it). The next session, on Friday 27th March (see the poster for all dates), starts at 2.30pm (refreshments from 2pm), finishing by 4pm. ***Do join us!***

This Sunday, 22nd March there will be a Second Collection for the Easter flowers at both churches.

Pre-Easter Services in Heacham Care Homes: Join us to witness and to sing! Wednesday 25th March Millbridge:10:30; Fridhem Rest Home:11:15

CALLING OUR YOUNG PARISH PEOPLE - AN EVENT FOR YOU!

***Inviting ALL young people in Year 8 upwards to the Ignite Festival 2nd - 3rd May 2026**

Come and experience your faith in a dynamic way at the Ignite Festival! The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 4th. See www.ignitefestival.co.uk for more information. Book before March 30th for Early Bird Prices!

The CHRISM MASS will take place on Tuesday of Holy Week, 31st March, in Norwich Cathedral. A coach will be provided, pick-ups from St. Cecilia's 9am; Wootton Road (Rosebery Avenue) 9.30am; London Road 9.45am; returning from the Cathedral at 2pm.

Please sign up on the list on the noticeboard of each church to reserve a seat.

LENTEN ALMSGIVING - THE FOOD BANK: Our Lenten Almsgiving Food Bank Drive continues well with a tally now of upwards of **200 donations**. Items that tend to be permanently on the red list include: **Tinned vegetables and tinned cold meats (ham, luncheon meat etc); Breakfast cereals; Pasta sauce; Toilet rolls; Jams.** A couple of people have mentioned that for them buying the additional items can make their shopping rather heavy to carry, and would prefer to make a cash offering (or indeed make out a cheque - payable to "*Hunstanton and District Food Bank*"). Financial donations are increasingly important; they enable bulk buying and targeted purchases. And the Food Bank says: ***"THANK YOU VERY MUCH FOR YOUR GENEROSITY!"***

THE SANCTITY OF LIFE: You may have been following the news on the various Bills being debated in Parliament on the legalising of euthanasia at both ends of life. Things are moving forward, and while there are positive signs that the assisted suicide Bill in the English Parliament is most likely to run out of time, and the decriminalisation of abortion up to birth is being scrutinised in the Lords, we still need to pray earnestly for wisdom to prevail. More information can be found on the Right to Life website: <https://righttolife.org.uk/> ***Let us pray.***

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the form printed overleaf. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. ***To remove your name from the list please contact the Parish Office.***