

**Parish Contacts**

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**Other local Sunday Masses**

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.  
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

The summit of the Liturgical Year is the Easter Triduum. Though chronologically three days, they are liturgically one day unfolding for us the unity of Christ's Paschal Mystery. The Easter Triduum begins with the evening Mass of the Lord's Supper on Holy Thursday, reaches its high point in the Easter Vigil, and closes with Evening Prayer on Easter Sunday.

The timing of Baptism during the Easter season is deeply significant. Easter, the celebration of Christ's resurrection, is the foundational event of Christian faith. By receiving Baptism at this time, the newly baptized are intimately linked to the Paschal mystery. They participate in the death and resurrection of Jesus in a very real and symbolic way, emerging from the waters of Baptism as new creations. Our whole parish rejoices with Daniel and Jo Toorie as they make their final preparations for this momentous time of baptism for Daniel, and Confirmation for Jo.

**The Holy Father's Prayer Intentions for March**

**For disarmament and peace** Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

**Please remember in your prayers all who are sick, especially:**

Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

**Please pray also for those who anniversaries occur this week:**

George Haynes, Rita Reginiani, Susan Hardy, Shaun Richardson, Kathleen Cox, Bridget Barwick, Phyllis Byrne, Arthur Canning, Janice Mary Moseley, Bernard (Ben) Mullarkey, Catherine Carter, Archibald Valentine McAllister, Sr Mary Bede Groff, Sheila Murphy, Francis Brereton, Richard Warburton, Hugh McTaggart.

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**LIST of the SICK**

**I give permission for my name to be included among the Prayers for the Sick**

Name: ..... Signature .....

***Our Lady of Perpetual Succour & St. Edmund, Hunstanton  
 with  
 St. Cecilia, Dersingham***

**MASS INTENTIONS 29<sup>th</sup> March - 5<sup>th</sup> April 2026**

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

Palm Sunday	StC	9:00am	People of the Parish
The Passion of the Lord [Ps Wk 2]	OLSE	11:00am	Shaun Richardson RIP
Monday of Holy Week	<u>StC</u>	<u>11:00am</u>	Requiem for Jane Morpeth
Tuesday of Holy Week	<u>St. John's Cathedral</u>	<u>11:30am</u>	Chrism Mass
Wednesday of Holy Week	StC	10:15am <i>Spy Wednesday</i>	Doris O'Hagan RIP
Maundy Thursday	<u>OLSE</u>	<u>4:00pm</u>	
Mass of the Lord's Supper			<i>with Washing of the Feet followed by Watching at the Altar of Repose</i>
Good Friday	<u>OLSE</u>	<u>3:00pm</u>	
The Passion of the Lord			<i>with Veneration of the Cross &amp; Holy Communion</i>
Holy Saturday Vigil of Easter	<u>OLSE</u>	<u>8:00pm</u>	Ints. Skinner Family
Easter Sunday [Ps Wk Pr.]	StC OLSE	9:00am 11:00am	People of the Parish Arthur Canning RIP

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 The time approaches to turn our minds to fulfilling our Easter Duties. These are a Precept of the Church that draws the Catholic faithful directly into the heart of the Paschal Mystery, by receiving the Eucharist during the Easter season (any time from now until Trinity Sunday in the UK), and to prepare for this by going to Confession (the Sacrament of Reconciliation) if conscious of grave sin. The Sacrament of Reconciliation is available in most Catholic churches.

**Sacrament of Reconciliation in the parish**

StC - Sundays & Wednesdays after Mass

OLSE - by Request and on the last Friday of the Month after Mass

**Ext. Ministers**29<sup>th</sup> March5<sup>th</sup> April**Readers**29<sup>th</sup> March5<sup>th</sup> April**OLSE**

Elizabeth Howe

Paul Mulligan

Kathleen Woodhouse

Elizabeth Howe

Tom Koning

**OLSE**

Carole Willan

Angela Jewell

**St.C**

Anna Grant

Andrew Wordsworth

Paul Barkess

Anna Grant

**St.C**

Lorna Hutchinson

Stuart Grant

**Support Needed for Families in Kyiv:** The gofundme page created by Nataliya and Mykola is at: <https://gofund.me/7f8c80097> (now displayed in the church)

**HOLY WEEK IN THE PARISH:****MONDAY:** 10am Mass at OLSE

**TUESDAY** (No Mass in the parish). **The CHRISM MASS** will take place this coming Tuesday of Holy Week, 31st March at 11.30am, in Norwich Cathedral. A coach will be provided, pick-ups from St. Cecilia's 9am; Wootton Road (Rosebery Avenue) 9.30am; London Road 9.45am; returning from the Cathedral at 2pm.

Please sign up on the list (on the noticeboard of each church) to reserve a seat.

**WEDNESDAY:** 1<sup>st</sup> April: Mass at St C at the usual time of 10.15am

**THE SACRED PASCHAL TRIDUUM:**

\* **MAUNDY THURSDAY:** 2nd April Mass of the Lord's Supper - 4pm OLSE (the early time will hopefully encourage those to attend who don't like to be out after dark)

\* **GOOD FRIDAY:** 3rd April Celebration of the Passion of the Lord - 3pm OLSE. This is not a Mass, as there is no consecration; in the past, there was also no distribution of Holy Communion at all, so we are blessed that this is now available to us.

\* **HOLY SATURDAY:** 4th April Easter Vigil in the Holy Night - 8pm OLSE

To include the baptism of Daniel Toorie and the Confirmation of Jo Toorie into the Catholic Church. *Let's pray for them and with them in this final week as they reach the culmination of their discernment and preparations.*

\* **EASTER SUNDAY:** 5th April Solemnity with Octave - 9am StC; 11am OLSE

**LENTEN ALMSGIVING - THE FOOD BANK:** Our Lenten Almsgiving Food Bank Drive continues well, as we reach the final week of our Lenten efforts for this year. Items that tend to be permanently on the red list include: **Tinned vegetables and tinned cold meats (ham, luncheon meat etc); Breakfast cereals; Pasta sauce; Toilet rolls; Jams.** ***"THANK YOU VERY MUCH FOR YOUR GENEROSITY!"***

**THE SANCTITY OF LIFE:** You may have been following the news on the various Bills being debated in Parliament on the legalising of euthanasia at both ends of life. Whilst we can feel the relief of the Scottish Bill on assisted suicide being defeated, and there are positive signs that the assisted suicide Bill in the English Parliament might run out of time, we still need to pray earnestly for wisdom to prevail. More information can be found on the Right to Life website: <https://righttolife.org.uk/> *Let us pray.*

**LIST of the SICK TO BE PRAYED FOR:** Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the form printed overleaf. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws]. ***To remove your name from the list please contact the Parish Office.***

**Information and Events**

**Rosary Group:** Monday afternoons from 2.00pm in the StC Meeting Room

**Bible Study:** in the Garnett Room, next meeting on Tuesday 14<sup>th</sup> April 4pm.

**Mothers' Prayers:** Held every other week; the next gathering will be on

**Monday 30<sup>th</sup> March** 2:30pm in the Garnett Room at OLSE.

**Why Be Lonely Club:** The next gathering of the club will be on **Friday 10<sup>th</sup> of April**, as the usual first Friday of the month falls on Good Friday.

**Fair Trade Stall:** The next Fair Trade Stall will be held after each Mass on Sunday 19<sup>th</sup> April, the later Sunday to leave us to our chocolate and Easter other treats on Easter Sunday and Low Sunday, which falls the following week.

**Steering Group:** the next meeting will be this coming Wednesday, 1<sup>st</sup> April, after the 10.15am Mass at StC. All are welcome.

**GROWING IN FAITH TOGETHER: A Parish-Wide Programme on the Eucharist for Lent and Eastertide 2026** If you missed the second session of this programme, you can still take part by watching it on the internet; the web address is: <https://www.charisuk.com/cafe-ondemand/sacraments/this-is-my-body>. For more information or help in accessing the course online contact Paul Mulligan ([paul.mulligan4@hotmail.com](mailto:paul.mulligan4@hotmail.com)). Each session stands alone, so you don't need to have attended or watched previous ones (though it's well worth it). The next session, **Friday 10<sup>th</sup> April**, starts at 2.30pm (refreshments from 2pm), finishing by 4pm. ***Do join us!***

**CALLING OUR YOUNG PARISH PEOPLE - AN EVENT FOR YOU! IGNITE FESTIVAL!****ALL young people in Year 8 upwards 2nd -3rd May 2026**

Come and experience your faith in a dynamic way at the Ignite Festival! The weekend will include inspiring talks, passionate prayer, live music, and lots of fun stuff! Followed by the opportunity to join the Diocesan Pilgrimage to Walsingham on Bank Holiday Monday May 4th. See [www.ignitefestival.co.uk](http://www.ignitefestival.co.uk) for more information. Book before March 30th for Early Bird Prices!