

Parish Contacts

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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.
 Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

THE SACRAMENT OF THE SICK - in preparation for our special Mass for the sick on 16th May, which will include the Sacrament of the Sick, we share more information about the Sacrament here over the weeks leading up to the day.

When the Sacrament of Anointing of the Sick is given, the hoped-for effect is that, if it be God's will, the person be physically healed of illness. But even if there is no physical healing, the primary effect of the Sacrament is a spiritual healing by which the sick person receives the Holy Spirit's gift of peace and courage to deal with the difficulties that accompany serious illness or the frailty of old age.

In the Church's Sacrament of Anointing of the Sick, through the ministry of the priest, it is Jesus who touches the sick to heal. The core message of his healing tells us of his plan to conquer sin and death by his dying and rising.

<https://rcaos.org.uk/faith/sacraments-of-the-catholic-church/anointing-of-the-sick/>

The Holy Father's Prayer Intentions for May
That everyone might have food

Let us pray that everyone, from large producers to small consumers, be committed to avoid wasting food, and to ensure that everyone has access to quality food..

Please remember in your prayers all who are sick, especially:

Madeleine Coughlan, Glyn Davis, Fr. Bill Dobson, Fred Grimley, Mary Grimley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Joan McTaggart, Dickie Nally, Sharon Parkin, Michael Rhodes, James Skinner, Nicky Sugden, John Witting.

Please pray also for those who anniversaries occur this week:

Reginald Mascall, Delia Maidment, James Burns, Joseph Mulligan, John Davison, Hector Paterson, Patricia Mary Barrett, Victor Head, Lena Casson, James Bush, Douglas Guy, Muriel Fletcher, Eileen Haynes, Christine Richardson.

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

***Our Lady of Perpetual Succour & St. Edmund, Hunstanton
 with
 St. Cecilia, Dersingham***

MASS INTENTIONS 3rd - 10th May 2026

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

5 th Sunday of Easter [Ps Wk 1]	StC OLSE	9:00am 11:00am	People of the Parish Nemisio Baya RIP
Monday The English Martyrs Feast	OLSE	10:00am	Jimmy Richardson RIP
Tuesday Easter Feria	OLSE	10:00am	Ints. Anne Brereton Day of Prayer for Survivors of Sexual Abuse
Wednesday Easter Feria	StC	10:15am	
Thursday Easter Feria	OLSE	10:00am	
Friday Easter Feria	OLSE	10:00am	Christine Richardson RIP

*followed by Exposition & Benediction
 Anniversary of the Election of H.H. Pope Leo XIV*

**Saturday
 Easter Feria**

6 th Sunday of Easter [Ps Wk 2]	StC OLSE	9:00am 11:00am	People of the Parish Claire Slattery RIP
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Our Easter Duties are a Precept of the Church that draws the Catholic faithful directly into the heart of the Paschal Mystery, by receiving the Eucharist during the Easter season (until Trinity Sunday in the UK), and preparing for this by going to Confession (the Sacrament of Reconciliation) if conscious of grave sin. The Sacrament of Reconciliation is available in most Catholic churches.

Sacrament of Reconciliation in the parish

StC - Sundays & Wednesdays after Mass

OLSE - by Request and on the last Friday of the Month after Mass

Ext. Ministers

3rd May

10th May

Readers

3rd May

10th May

OLSE

Tom Koning

Paul Mulligan

Kathleen Woodhouse

Pat Nevin

OLSE

Belinda Kenny

Tom Koning

St.C

Peg Hunter

Paul Barkess

Anna Grant

Maureen Vernon

St.C

Lorna Hutchinson

Stuart Grant

Information and Events

Rosary Group: Monday afternoons from 2.00pm in the StC Meeting Room; next meeting on 11th May.

Bible Study: in the Garnett Room, next meeting on Tuesday 5th May 4pm.

Mothers' Prayers: Information in due course on the next gathering of this group.

Day of Prayer for survivors of abuse: this takes place annually on the Tuesday of the 5th week of Easter (moved from the original date in Lent).

The theme for the day this year, this coming **Tuesday 5th May**, examines the scourge of **domestic abuse** which causes pain and fear that prevents its victims from living the life Jesus came to bring.

Jesus said, "I came that they may have life and have it abundantly."

John 10:10

Immediately before the much-loved part of this verse from the Gospel of John we hear Jesus's words: "The thief comes only to steal and kill and destroy."

This is how abuse feels to those who experience it - their dignity and value as a unique child of God is stripped away and destroyed.

The physical danger domestic abuse presents to life is clear. A woman is murdered by a partner or ex-partner every five days in the UK. Between 3 and 10 women die by suicide each week due to domestic abuse. Abusers can also perpetrate spiritual and coercive abuse, disrupting their victims' relationships with God and the Church. This can lead victims - adults and children - to feel guilt and shame that push them away from the support that the Church has to offer. At its best, the Church can - and should - be a safe haven where support is available for victims and survivors so that they can live life without fear and begin to experience the life in abundance Jesus came to bring. This hope is what we pray for this year.

Support Needed for Families in Kyiv: Information about the *gofundme* page created by Nataliya and Mykola is on display at both churches and the page can be found online at: <https://gofund.me/7f8c80097> .

The next **Fair Trade Stall** will be held on 7th June after Mass at both churches.

NOTE ABOUT FRIDAY EXPOSITION AT OLSE: The scheduled day for Exposition of the Blessed Sacrament, the first Friday of the month, was deferred, so you still have the chance to join in this special time of Adoration before the Blessed Sacrament **this coming Friday, 8th May after the 10am Mass at OLSE.**

GROWING IN FAITH TOGETHER: Our Parish-Wide Programme on the Eucharist for Lent and Eastertide 2026 All the sessions are available on the internet; the web address is: <https://www.charisuk.com/cafe-ondemand/sacraments/this-is-my-body>. For more information or help in accessing the course online contact Paul Mulligan (paul.mulligan4@hotmail.com). Each session stands alone, so you don't need to have attended or watched previous ones (though it's well worth it). The next - the final - one on **Friday 15th May at OLSE** starts at 2.30pm (refreshments from 2pm), finishing by 4pm. ***Do join us!***

ADVANCE NOTICE: PENTECOST NOVENA Be sure to get your copy of the Pentecost Novena to join in prayer across the parish and beyond. This year this coincides with Laudato Si' Week, and the Novena addresses this also. Copies are now available, ready for the nine days of prayer, starting on 14th May until Saturday 24th May, the vigil day of Pentecost. Be sure to get your copy.

SACRAMENT OF THE SICK IN OUR PARISH

It is hoped that as many people as possible will be able to attend this very special occasion of **Mass with the Sacrament of the Sick**, to be held at St Cecilia's at **10.30am on Saturday 16th May**. Overleaf you will find some more information about the Sacrament of the Sick. If you know of anyone who might wish to attend this Mass, please contact any member of the SVP or a Eucharistic Minister to let them know and arrangements will be made to ensure they can attend. If in doubt, contact Paul Mulligan (paul.mulligan4@hotmail.com; 07905009647) or Patricia Barkess (patriciabarkess@gmail.com; 07746412257). You can also **sign up on the list** on the noticeboard, providing any details needed to make the arrangements necessary for you to attend. Thank you!

FLOWER ARRANGING AT OLSE- could you help with the flowers at OLSE? We are now down to only 2 people on the rota for flower arranging here and could do with some additional help please. You do not need any previous experience - we can show you what to do - and you will only need to spend an hour or so setting up the arrangements once every 4-6 weeks. If you think this is something you could help with in the Parish, please speak to Pat Fuchter or contact her on 07867 318438 (pat.fuchter@hotmail.co.uk)

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the **form printed overleaf**. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws].

To remove your name from the list please contact the Parish Office.