

Parish Contacts

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Other local Sunday Masses

King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.

Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

PRISONS SUNDAY and PRISONS WEEK 11th - 17th OCTOBER

Prisons Week was formed to encourage prayer within churches and the wider Christian community for the needs of prisoners. It had its beginnings as a Roman Catholic initiative started by Bishop Victor Guazzelli, but quickly gained ecumenical support and became an ecumenical observance.

For more than fifty years Prisons Week has prepared prayer literature to enable the Christian community, through individuals and churches, to pray for the needs of all those affected by prisons: prisoners and their families, victims of crime and their communities, those working in the criminal justice system and the many people who are involved in caring for those affected by crime on the inside and outside of our prisons.

Prisons Week raises awareness and generates prayer. It motivates volunteers to step forward and give their time and gifts, in prisons and in their own communities. It provides an annual focus and reason for Christians to work together, building capacity and motivation to make a difference for people who are out of sight and often out of mind.

The Holy Father's October prayer intention: For Mental Health Ministry

Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

Please remember in your prayers all who are sick, especially:

Madeleine Coughlan, Glyn Davis, Fred Grimley, Mary Grimley, Polly Hooley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Mary McEnnis, Joan McTaggart, Dickie Nally, Sharon Parkin, James Skinner, Joy Skinner, Nicky Sugden, Carole Willan, John Witting.

Please pray also for those who anniversaries occur this week:

Harriet Jane Ingleby, Peter Duncan Howarth, Melanie Duesler, Timothy O'Keefe, Mary McNeill, William Pulbrook, John Ennis, Julie Jackson, Winifred Barnes, Marjorie Sheens, George John Goode Stafford, Joyce Turner, Irene Jones.

LIST of the SICK

I give permission for my name to be included among the Prayers for the Sick

Name: Signature

Our Lady of Perpetual Succour & St. Edmund, Hunstanton with St. Cecilia, Dersingham

MASS INTENTIONS 11th - 18th Oct 2026 (28th Week in Ordinary Time)

Readings at Mass - Sundays: Year A. Weekdays: Cycle II

28 th Sunday of the Year [Ps Wk 4]	StC OLSE	9:00am 11:00am	Cyndy Bell RIP <i>Prisons Week</i> People of the Parish
Monday <i>feria or St. Wilfrid</i>	OLSE	10:00am	Duesler Family RIP [F]
Tuesday <i>feria or St. Edward the Confessor</i>	OLSE	10:00am	Ints. Christine Shaw
Wednesday <i>feria or St. Callistus</i>	StC	10:15am	
Thursday St. Teresa of Jesus <i>mem</i>	OLSE	10:00am	Michael Rhodes RIP
Friday <i>feria or St. Hedwig or St. Margaret Mary Alacoque</i>	OLSE	10:00am	Fr. Nicholas Duggan RIP
Saturday St. Ignatius of Antioch <i>mem</i>			
29 th Sunday of the Year [Ps Wk 4]	StC OLSE	9:00am 11:00am	People of the Parish <i>World Missions Day</i> Francis & Mary Anne Gillespie RIP

Sacrament of Reconciliation in the parish

StC - Sundays & Wednesdays after Mass

OLSE - by Request and on the last Friday of the Month after Mass

<u>Ext. Ministers</u>	<u>OLSE</u>	<u>St.C</u>
11 th October	Kathleen Woodhouse	Paul Barkess
	Tom Koning	Peg Hunter
18 th October	Paul Mulligan	Anna Grant
	Elizabeth Howe	Carol de Ruyter
<u>Readers</u>	<u>OLSE</u>	<u>St.C</u>
11 th October	Belinda Kenny	Lorna Hutchinson
18 th October	Pat Fuchter	Andrew Wordsworth

Information and Events

Rosary Group: The next gathering of the Rosary Group will be on Monday 12th October at 2.00pm at St C.

Bible Study: In the Garnett Room; next meeting Tuesday 13th Oct at 4pm.

FAMILY FAST DAY: HARVEST FAST: Friday 2nd October was CAFOD Harvest Fast Day. If you didn't have the opportunity to contribute last week, envelopes are still available for offerings to CAFOD to be made this week.

Monthly Parish Draw: This month's lucky number - number 8 - was drawn by Patricia Barkess - Belinda Kenny's number. **Congratulations, Belinda!**

MISSIO Second collection: Next Sunday there will be a second collection for MISSIO (The Association for the Propagation of the Faith)

Prisoners' Sunday: This Sunday is **PRISONERS' SUNDAY**, held on the second Sunday in October each year. See over for more information about this day and the week that it begins.

OLSE Repository: Angela has beautiful Christmas cards and diaries for sale at OLSE, and would like to thank all the parishioners and visitors for their generous support for her stall. So far this year she has been able to give Nataliya £300 to buy necessities for the Ukraine orphans. Thanks to all who have supported her stall, and to Angela for her dedication in supporting Ukraine.

The Month of the Holy Rosary: During this month of October, Elizabeth Howe offers us a way to continue our prayers for creation as part of our devotion to the Holy Rosary, in the form of the **Spiritual Rosary**, which puts a few lines from the Bible or the Church Fathers between each Hail Mary and before the Glory Be. If anyone would like to use this setting of the Rosary, there are some copies available in the narthex. The whole set takes about 20 -25 mins, or you could pray it a Mystery per day, Sun - Thurs for example. Thank you for creating this special set of prayers, Elizabeth.

2026 Season of Creation: Turning thought into action - Switch off your taps for a couple of hours this month to act in solidarity with those who do not have easy access to clean water.

Our event at St Cecilia's last Saturday was a wonderful way to bring this year's Season of Creation to a close. 18 of us met (over coffee and cake and surrounded by all the beautiful art and crafts produced by you) to reflect on this year's themes, and to give thanks and praise for our Lord's amazing gift of creation by praying the Via Creationis (The Way of Creation).

In one session we reminded ourselves about the information and messages we have been receiving in the last 5 weeks through the weekly leaflets especially produced. It was a thought-provoking and lively session during which we agreed that it would be good for the parish to demonstrate our solidarity with those who do not have access to running water by encouraging the support of one particular campaign: **That is WATER NIGHT 2026.**

This campaign, which is part of the **Waterwise Project**, was introduced in the Week 2 leaflet (this and all the leaflets are still available at both churches), and can be found online. We are hoping that all parishioners will commit to turning off non-essential taps for at least a couple of hours on Water Night.

The **official Waternight this year is Thursday 22 October between 5 - 10pm.** But we understand that this might not suit everyone, so if you can't do it that evening, pick any evening in October and make a concerted effort not to turn on any of your taps for a few hours. The point is to pause, reflect, and **experience first-hand how much we rely on water every day;** so there's not much point doing it whilst you would normally be asleep! **Please join us in this nationwide campaign to highlight the importance of protecting this precious resource.** We hope to gather thoughts and reactions to the experience of being without clean and safe water on tap for a while, so watch this space for how we might do this.

NOVEMBER MASS REQUESTS: Requests for Masses for the Holy Souls to be said in November should be submitted as soon as possible, especially if a particular date is desired. Thank you.

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the **form printed overleaf**. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws].

To remove your name from the list please contact the Parish Office.