Parish Contacts

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Other local Sunday Masses
King's Lynn (Our Lady) PE30 5ES: Sat. Evening 6:00pm, Sunday 11:30am.
Gaywood (Holy Family) PE30 4AX: Sunday 9:30am.

PRAYING FOR MENTAL HEALTH MINISTRY

"Melancholy, bad character, confusion of senses — today, we understand that behind these old labels lies a deep, silent suffering not only of those affected by mental disorders but also of their loved ones and their communities," said Pope Leo in the video accompanying this month's intention. We can pray with the Holy Father, his prayer written especially for this month's intention:

Forgive us for the times we have looked the other way,
feeding the stigma and discrimination of persons with mental illnesses.
May your Church be an open house, a safe space where everyone has a place — a community that accompanies and never excludes, that listens without judging and draws near without fear.
Send your Spirit upon us, that we may learn to welcome and integrate care for mental health into the life and ministry of our communities and of the whole Church, and thus become a living sign of your mercy, which never abandons and always restores." *https://slmedia.org/blog/prayer-intention-for-october-2026*

The Holy Father's October prayer intention: For Mental Health Ministry
Let us pray that the mental health ministry be established throughout the Church, helping to overcome the stigma and discrimination of persons with mental illnesses.

Please remember in your prayers all who are sick, especially:
Madeleine Coughlan, Glyn Davis, Fred Grimley, Mary Grimley, Polly Hooley, Sarah King, Nicholas Koning, Anne Lindley, Fr. Henry MacCarthy, Mary McEnnis, Joan McTaggart, Dickie Nally, Sharon Parkin, James Skinner, Joy Skinner, Nicky Sugden, Carole Willan, John Witting.

Please pray also for those who anniversaries occur this week:
Gwendoline Griffiths, Andrew McCusker, Norman Ward, Marie Joan Foster, Mary Lynott, Catherine Donovan, Robert Willans, George Thompson, Winifred Lawrence, Bridget Trischler, Andrea Lynott, Anna Croznier, Esther Reder, Francis Clarkson, James Duesler, James Robb, Nick Mansell.

LIST of the SICK
I give permission for my name to be included among the Prayers for the Sick

Name: ..... Signature .....

Our Lady of Perpetual Succour & St. Edmund, Hunstanton with St. Cecilia, Dersingham

MASS INTENTIONS 25th Oct – 1st Nov 2026 (30th Week in Ordinary Time)

Readings at Mass – Sundays: Year A. Weekdays: Cycle II

30th Sunday of the Year	**StC**	**9:00am**	**People of the Parish**
[Ps Wk 2]	**OLSE**	**11:00am**	**Ints. Dee Dade**
Monday *feria or SS. Chad & Cedd*	**OLSE**	**10:00am**	**Ints. Maya Gaca**
Tuesday *feria*	**OLSE**	**10:00am**	**Ints. Dee Dade**
Wednesday SS. Simon & Jude *feast*	**StC**	**10:15am**	
Thursday *feria*	**OLSE**	**10:00am**	
Friday *feria*	**OLSE**	**10:00am**	**Cyril Foulds RIP [F]**
Saturday *feria*			
All Saints *Solemnity*	**StC** *Holy Day of Obligation*	**9:00am**	**People of the Parish**
[Ps Wk 3]	**OLSE**	**11:00am**	**Ints. Fr. James Fyfe [F]**

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Sacrament of Reconciliation in the parish
StC – Sundays & Wednesdays after Mass
OLSE – by Request and on the last Friday of the Month after Mass

Ext. Ministers	**OLSE**	**St.C**
25th October	**Elizabeth Howe**	**Maureen Vernon**
	Tom Koning	**Peg Hunter**
1st November	**Kathleen Woodhouse**	**Paul Barkess**
	Paul Mulligan	**Anna Grant**

Readers	**OLSE**	**St.C**
25th October	**Paul Mulligan**	**Stuart Grant**
1st November	**Tom Koning**	**Chris Davey**

Information and Events

Pope Leo: We praise and thank the Lord for Pope Leo's rapid recovery after his surgery. At the same time, many of us know how such an operation can take its toll, so we pray for his continued recovery and good health now and his well-being, health and strength in the future.

Rosary Group: The next gathering of the Rosary Group will be on Monday 26th October at 2.00pm at St C.

Bible Study: In the Garnett Room; next meeting Tuesday 27th Oct at 4pm.

Fait Trade Stall: Caroline will hold the monthly fair trade next Sunday, 1st November; it has some interesting items that might just be the perfect stocking filler for Christmas!!

Music Practice: The next music practice, including preparations for Advent and Christmas, will be held at OLSE on **Saturday 7th November at 10.30am**. Why not come along as part of the preparation for the forthcoming new liturgical year – which starts with Advent – and for the Christmas season?

Mass with Sacrament of the Sick: In response to the well-attended, and well-received Sacrament of the Sick, held during Mass back in May, and the request for another later in the year, the SVP are planning to do this again **in November, on Saturday 21st**. You don't have to be sick, nor need to receive the sacrament in order to attend. In fact, back in May one of the many uplifting aspects of the day was the strength of mutual support felt by those who attended, whether they received the Sacrament of the Sick or not. It was a very special occasion, and we hope this will be repeated on 21st. Watch this space for more information in due course, but in the meantime, please hold the date.

Water Night! – Did you take part in Water Night on Thursday; or maybe a different day? It's not too late to take part if you didn't get a chance to **spend a few hours without using your taps at home**. It's been a salutary experience for some folk who didn't realise just how much they use their taps as a matter of course in an evening! And how we might become more water savvy especially in this time of drought.

THE NOVEMBER BOOKS OF REMEMBRANCE: These are available now in both churches for you to add the names of those whom you wish to be remembered at Mass during the month.
The Books will be displayed in the Sanctuary during Masses throughout the month of November

NOVEMBER MASS REQUESTS: Requests for Masses for the Holy Souls to be said in November should be submitted as soon as possible, especially if a particular date is desired. Thank you.

REMEMBRANCE DAY
Remembrance Sunday at OLSE: Are there any former, or current, members of the Armed Forces or the Merchant Marine who attend OLSE and who would be willing to carry or attend the Poppy Wreath in procession at the beginning of the 11:00 Mass on Sunday 8th November, Remembrance Sunday, to lay the Wreath at the Altar? Please speak to Elizabeth Howe at OLSE if you are willing and available. Thank you

Remembrance Day Ceremony, Dersingham: This annual Remembrance Service, which takes place in Dersingham at the war memorial on **11th November at 11am** includes the laying of a wreath by each of the churches and other local organisations in the village. This of course includes St Cecilia's. In recent years, however, there has been no member of the parish present to lay the wreath, which has been somewhat embarrassing! If you feel you can be available to attend and take part in the wreath-laying, it would be much appreciated. Just let Peg Hunter at StC know if you can do this over the next couple of weeks. Many thanks in hope.

LIST of the SICK TO BE PRAYED FOR: Anyone who would like her/his name to be included in this List is invited either to email the Parish Office or complete, sign and return the form printed overleaf. Please note that it must be the sick person who gives permission for this by their signature [Data protection laws].

To remove your name from the list please contact the Parish Office.